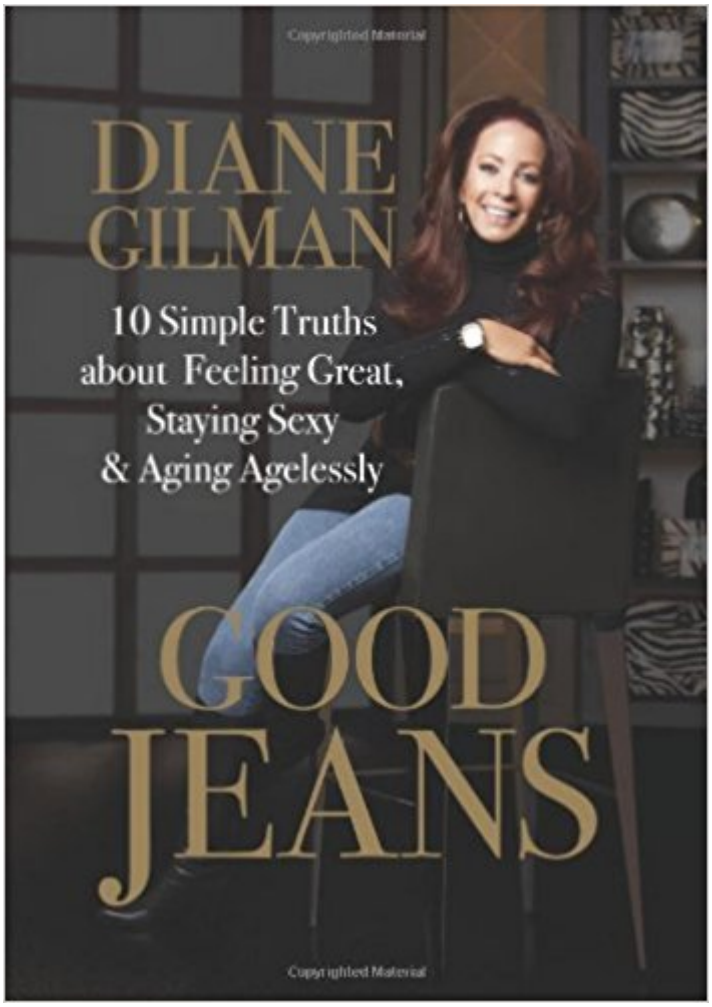
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Good Jeans: 10 Simple Truths About Feeling Great, Staying Sexy & Aging Agelessly



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Synopsis

Diane Gilman, Home Shopping Network's #1 fashion personality,wants to help women reinvent and reinvigorate themselves as they approach the over-40 milestone, and beyond.Like so many women who enter the second half of their lives, Diane found herself trudging along, having lost the energy that defined her earlier life. Overweight and newly widowed, she was struggling with how society had defined her as well past her prime. But she rediscovered her passion, and totally invigorated her life. At the age of 60, she has become everything she had ever dreamed sheÃ¢â ¬â„¢d be. Now she shares the 10 secrets she discovered for aging agelessly, and assures women that the later years can be a time of mind-expanding work, earth-moving love, foundation rocking sex, and soul-grabbing purpose.

Book Information

Hardcover: 248 pages

Publisher: Running Press; 1 edition (April 2, 2013)

Language: English

ISBN-10: 0762448733

ISBN-13: 978-0762448739

Product Dimensions: 7.5 x 5.6 x 0.9 inches

Shipping Weight: 13.6 ounces (View shipping rates and policies)

Average Customer Review: 3.8 out of 5 stars 31 customer reviews

Best Sellers Rank: #611,548 in Books (See Top 100 in Books) #178 inÃ Â Books > Self-Help > Mid-Life #1529 inÃ Â Books > Health, Fitness & Dieting > Aging #14884 inÃ Â Books > Politics & Social Sciences > Sociology

Customer Reviews

Diane Gilman is the #1 fashion personality on the Home Shopping Network in the US, on The Shopping Channel in Canada, and on QVC in the UK. Her line of jeans, "DG2," tailored to 40-plus women. With her regular articles in the Huffington Post, she has become an inspirational voice for older woman, as she discusses the 50-plus years as the best years of a woman's life. She lives in New York City.

I found Diane's book deeply moving and a great strength to woman figuring out the last half of this Life experience. Her thoughts around her personal empowerment at the time of her husbands passing were powerful. While cosmetic procedures are probably not for me I fully respect the

concept of doing everything possible to take care of yourself physically and emotionally. I still have it sitting by my bed and go back and reread parts of it often as a source of inspiration. Thank you Diane for being willing to share the raw truth about the pinnacles of success and valley's of sorrow. They are a part of life for all of us and your book has been a tool to help me move forward in my personal journey with a positive heart.

If you are a woman over 40 you NEED to read this book. Even if you have never seen Diane on the Home Shopping Network chatting live with the hundreds of women who love her and her line of clothing, and you wouldn't dream of buying fashions on TV; get this book. It's fun and amazing and truly inspiring, not preachy or fanatical or silly. As an aging woman in America it is often difficult to still feel relevant. Read this and get over it. "Today is the youngest day of your life", it's NOT too late to feel and do something great.

First I have to say that I regularly watch Diane on HSN and as a smack in the center baby boomer I love the hype about jeans and clothes. I have bought several items, .Although there are a couple inspirational statements in the book. I was disappointed. The writing was choppy and it seemed like there were missed opportunities for more substance. I have been more inspired watching her than I was by the book..

I read all but the last 3 chapters in one sitting.The book is written truly how Diane talks on HSN: fast paced, clear and concise thoughts and entertaining.The book expressed key points of her struggles thru love ,career and life, funny moments and expressions of her strong drive to flourish in life that I had not known from her talks on HSN.If you love her already you'll love her even more and will be inspired by this book.Truly uplifting book !

great book enjoyed reading it

I am a great fan and follower of Diane . . . . love her style . . . who would have ever guessed the hardships she endured during her younger years . . . I have a new respect for her and I loved her biography!

great inspirational book, Helps you to see what we as people can accomplish in our life not matter what age.

Expected more of a motivational book. Seemed to be more of a "look at what I did, aren't I great" kind of book

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